

Welcome and congratulations! This program will help your little one learn key building blocks to literacy and language fluency. Whether your child is three months old or three years old, reading helps build social and emotional skills, sparks creativity and imagination and promotes bonding. 1000 is just a number: the goal is to have reading aloud in your regular routine, and let the magic of stories do the rest. The concept is simple:

Read to your child every day until you've read 1000 books together-you can do it! You can read the same book multiple times and each time counts!

Read 1 book a day for 5 years = 1825 books Read 1 book a day for 3 years = 1095 books Read 3 books a day for 1 year = 1095 books Read 10 books a week for 2 years = 1040 books

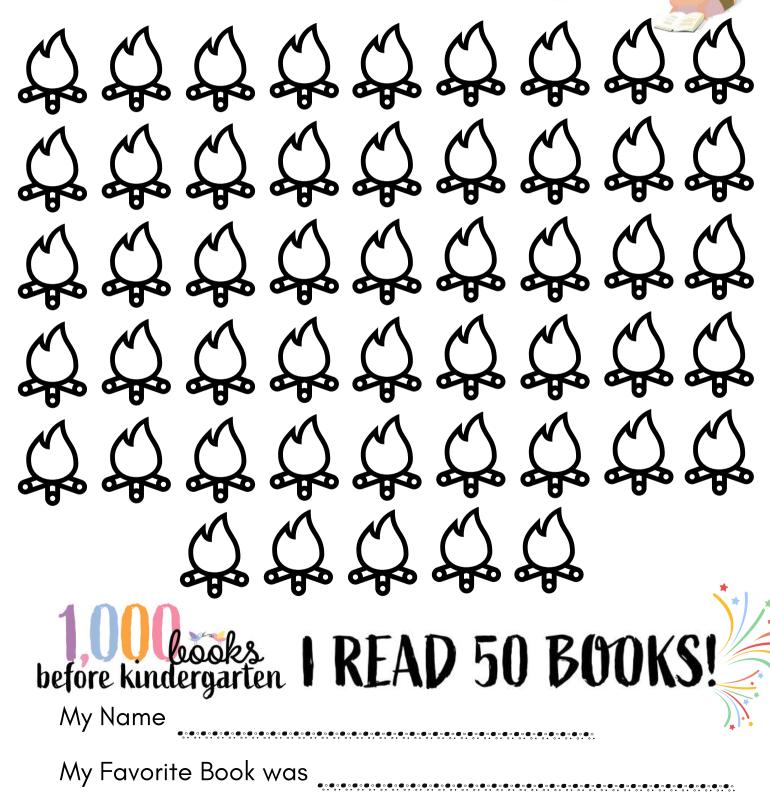
Use this folder and our online reading tracker on Beanstack to track your reading. Each Milestone you reach earns a prize that you can collect at the Children's Desk, and a sticker for your Adventure Guide. Visit https://www.lakeblufflibrary.org/1000books (QR code below) for links to Beanstack and our Picture Book Reading lists for inspiration.

Questions? Talk to any one of the Children's Librarians for more information.



book log #1

Color in an item on **O** your adventure log for every book you and your child have read.

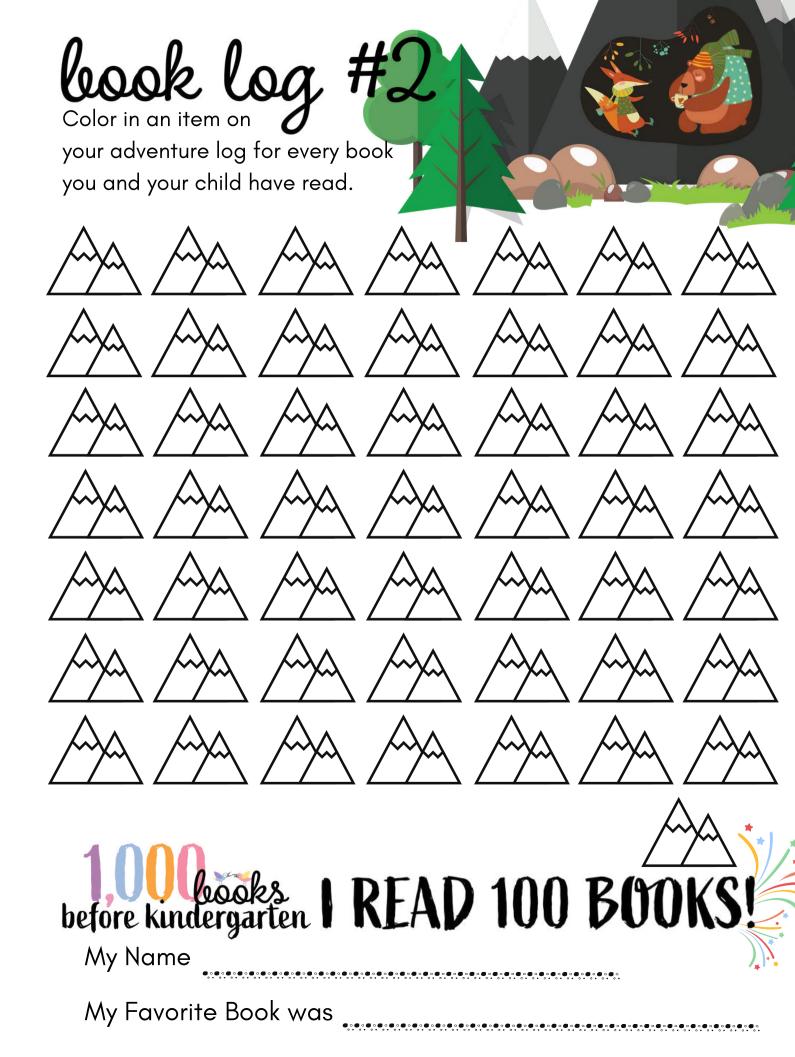






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- Talk. Talking to babies is necessary to language development. Describe the world around them. Talk about what is happening.
- Touch is a necessary part of bonding with a baby. Touch is required for proper brain development, physical growth and emotional development. Cuddle with your baby.





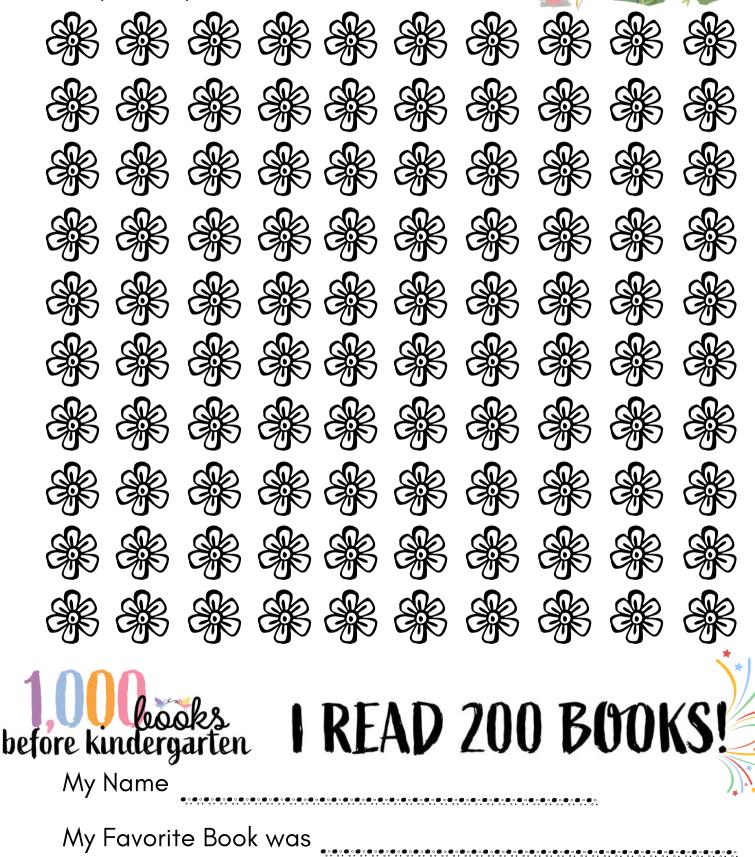


Make a list of all	your favorite	books
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- Sing and Dance. Babies learn phonological awareness (listening skills) through music and spatial awareness through movement. And it's fun!
- Be consistent and predictable. Babies thrive on routine. Knowing what will happen next helps their emotional, social and cognitive development.

book log #3

Color in an item on your adventure log for every book you and your child have read.





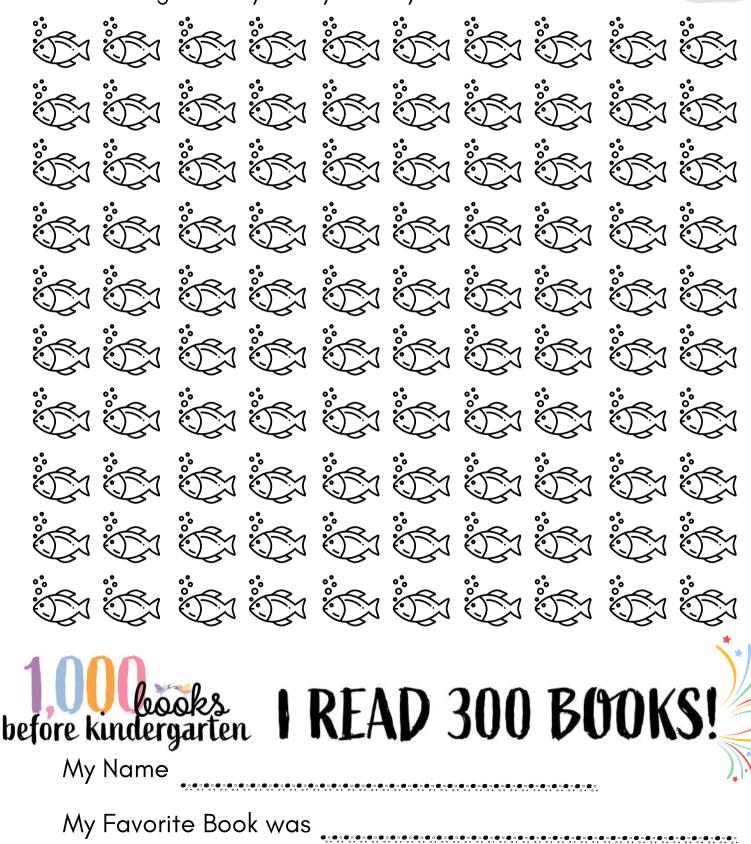


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- Recite nursery rhymes. Children naturally respond to rhythm and rhymes.
- Listen to different types of music. Music activates every part of the brain simultaneously. There is a clear positive link between listening to music and literacy development.

book log #4 Color in an item on your

adventure log for every book you and your child have read.



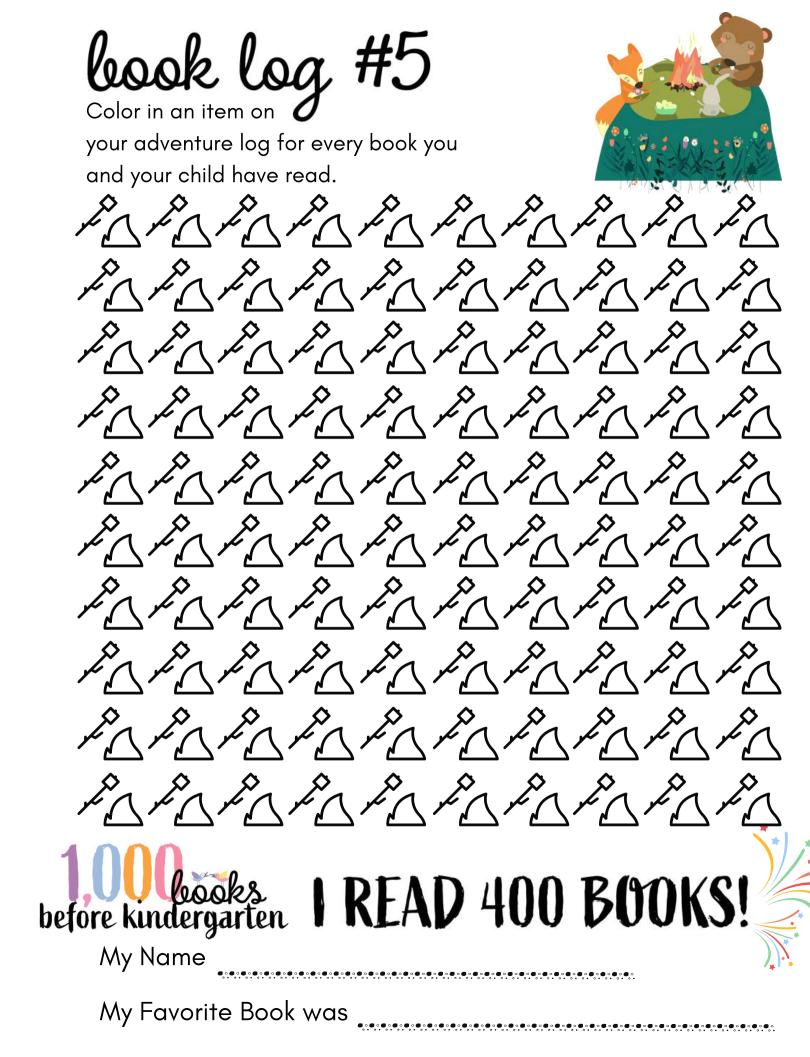




Make a	list of	all	your	favorite	books.
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- Have quiet time. While it is important to provide stimulation for your baby's developing brain, it is also important to have some calm, quiet time. Quiet time may consist of rocking your baby and listening to soft music before nap time.
- Participate in call and response activities. When babies coo and babble, adults should pause (waiting until baby is "done") and respond with a comment or sentence of your own. This helps baby understand the pattern of conversation.

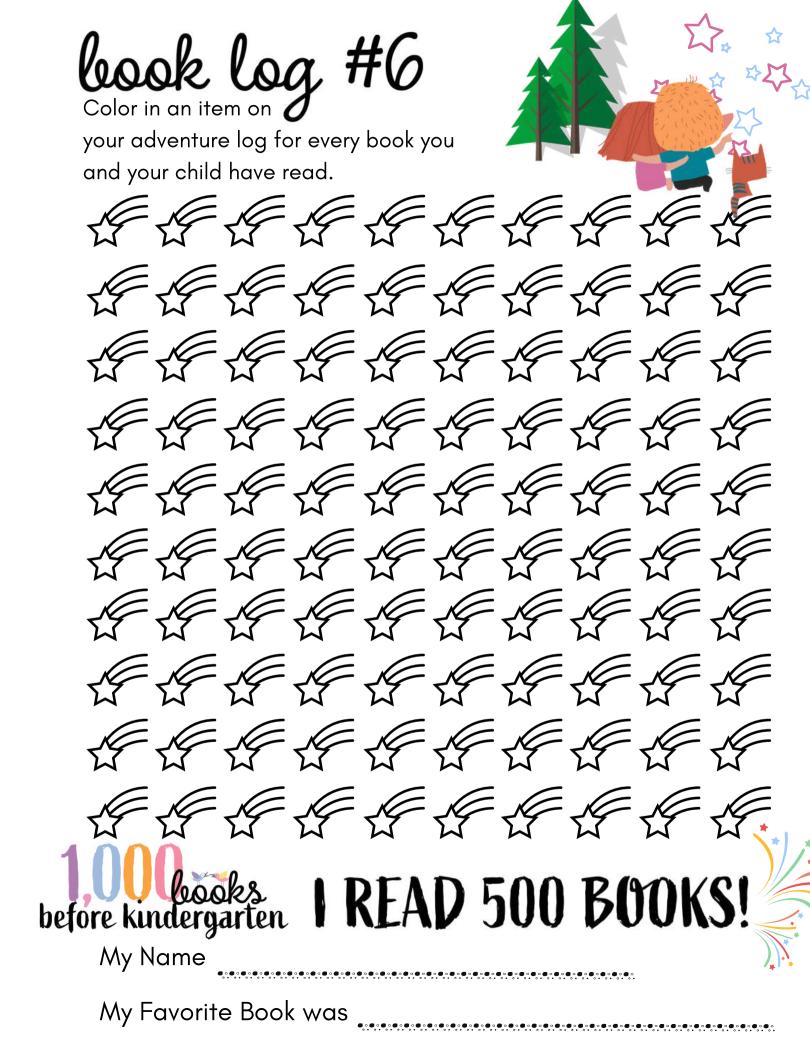






Make a	list o	f all	your	favorite	books.
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- Give babies rattles and hang up mobiles. Infants are beginning to develop eye-tracking skills. Rattles and mobiles encourage eyetracking movement which will help them learn to follow words and pictures in a book.
- Play peek-a-boo. Action and reaction games are important to cognitive development.

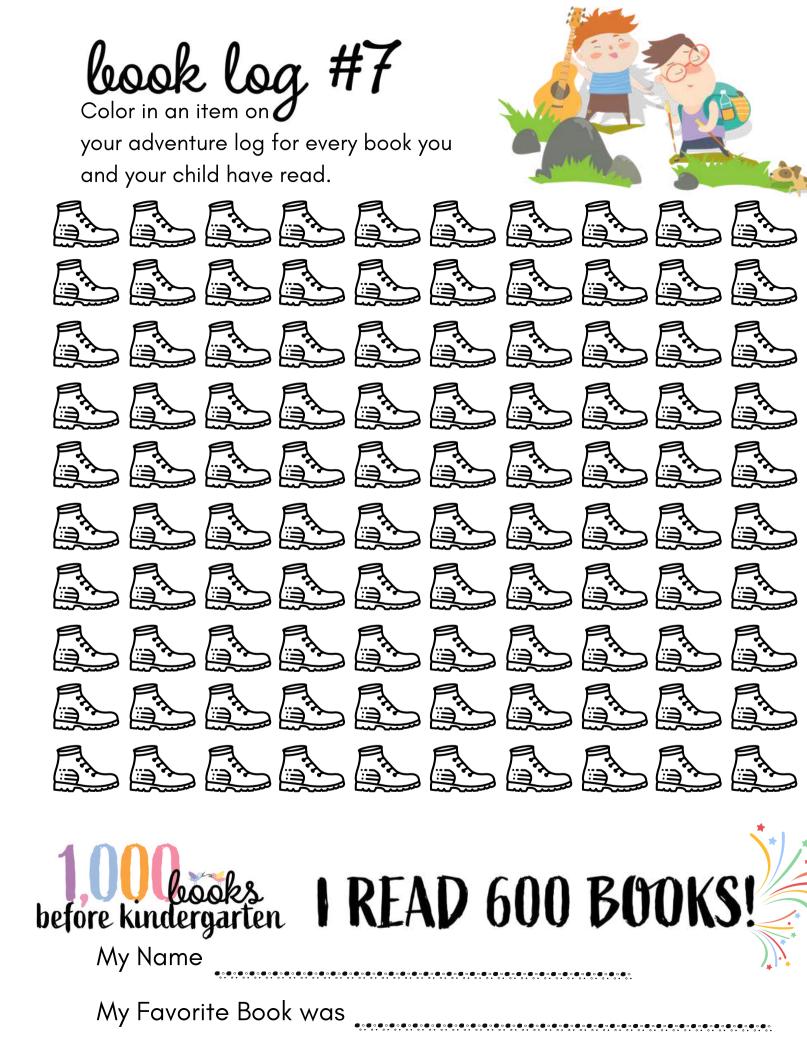






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- Blow bubbles. Sit baby on your lap and blow bubbles. Watch as they track the bubbles with their eyes. Toddlers can practice blowing bubbles thereby developing fine motor skills such as speaking.
- Play with empty boxes. Empty boxes encourage creativity and thinking skills. Mobile infants can crawl through large boxes or stack smaller ones.







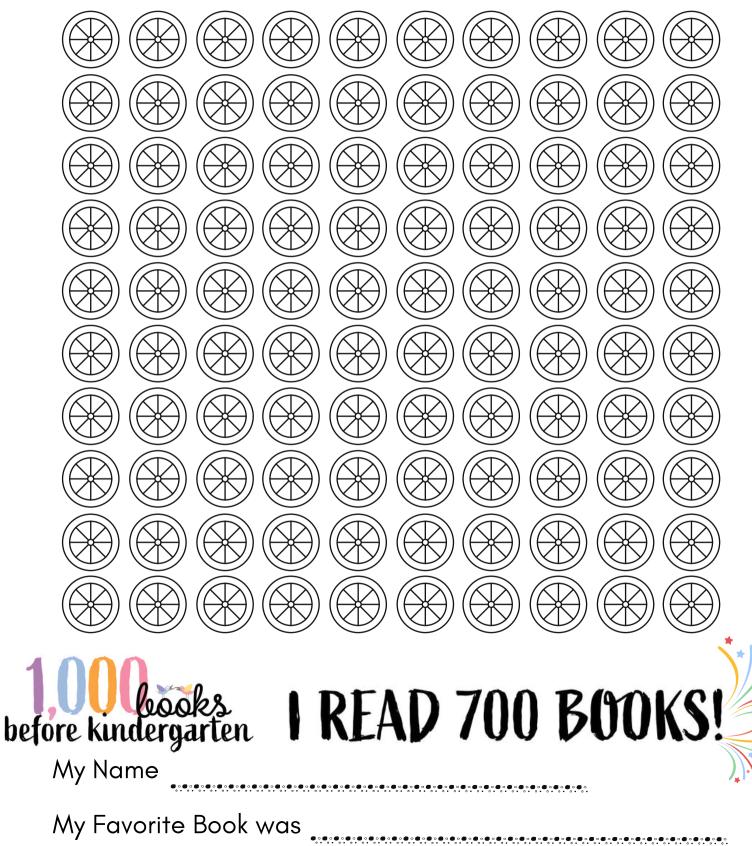
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- Build with blocks. Babies learn about spatial relationships and problem solving when they play with blocks. These skills are directly related to reading and comprehension.
- Expose Baby to various textures. Sensory activities are shown to have a positive impact on brain development. Try corduroy, faux fur, velvet, burlap, etc.

book log #8

Color in an item on your adventure log for every book you and your child have read.









Make a list of all	your favorite	books
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- Play instruments. Children quickly learn to listen to, recognize, and attempt to imitate rhythms and patterns. This helps develop phonological awareness (listening skills).
- Act out finger-plays. There are many resources online to find fingerplays you can do with your baby at home. Fine motor skill development will get a big boost!

book log #9 Color in an item on 🕻

your adventure log for every book you and your child have read.

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My Favorite Book was





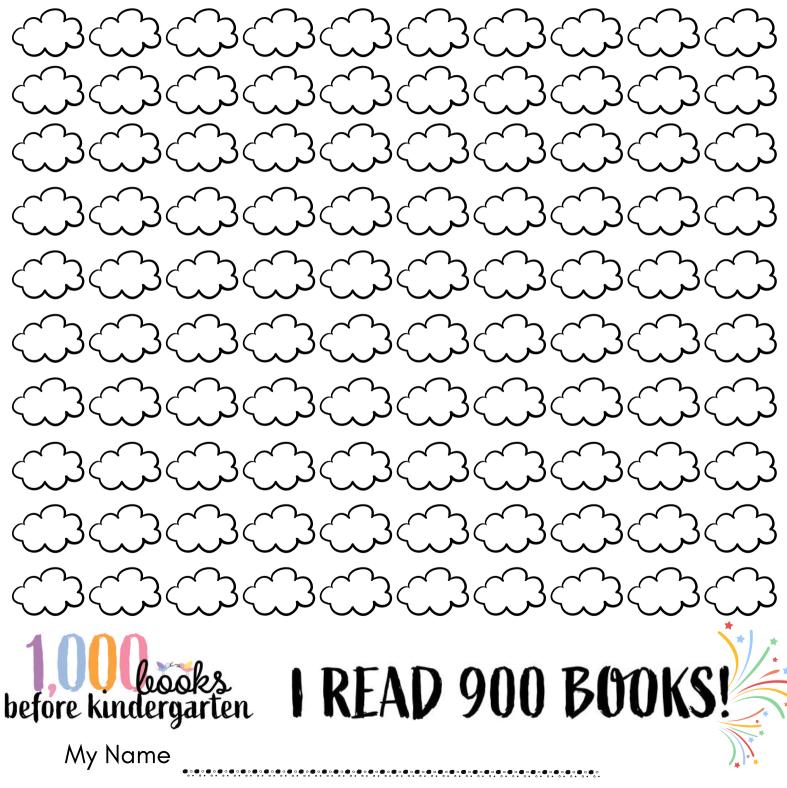
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- Go for a walk. Look at the world around you! Name objects in the environment and talk to baby about what they can feel (wind, sun, sand) smell (grass, rain) hear (car horn, birds chirping) etc.
- Sing action songs and rhymes. Row Row Row Your Boat, Pat-a-Cake, Itsy Bitsy Spider, If You're Happy and You Know It. Baby will learn that words have meaning!

book log #10

Color in an item on your adventure log for every book you and your child have read.



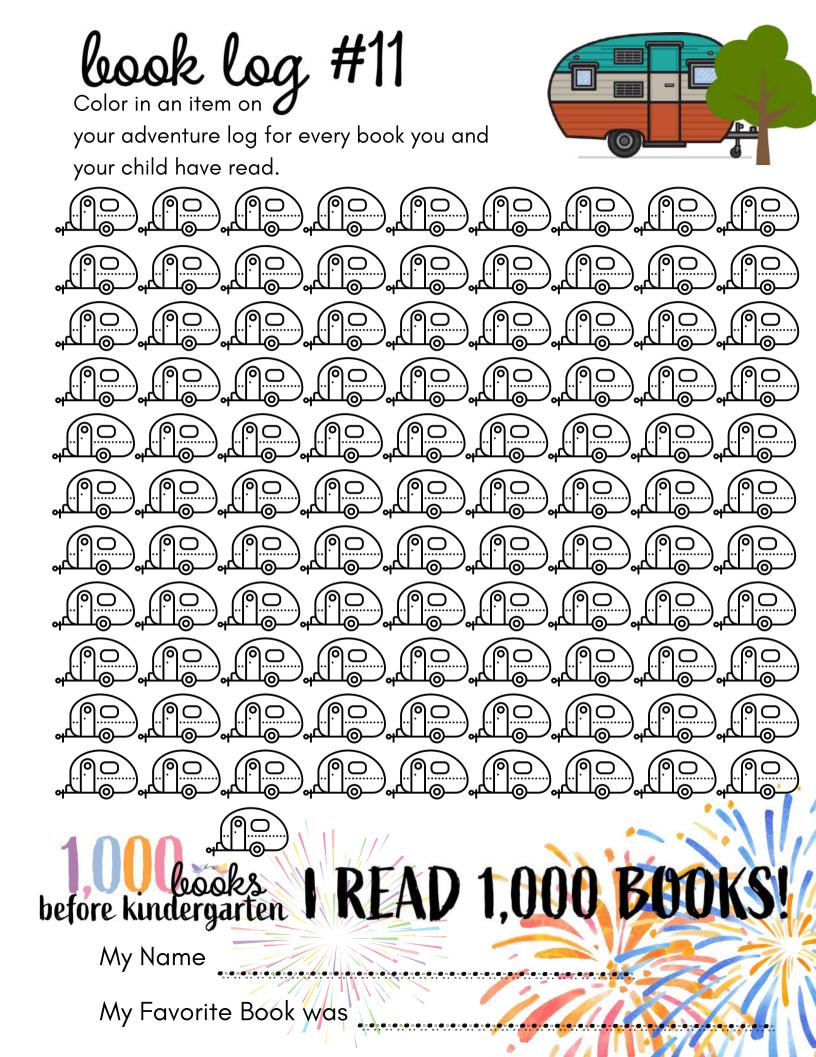


My Favorite Book was





- Make funny faces. Sit baby on your lap in front of a mirror. This helps little ones learn to read facial expressions.
- Name body parts. This is easy to do during bath time!
- Play with water. Water is soothing and a great sensory experience for babies. Sensory experiences promote brain development.







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- Read Wordless Books.
- Tell your baby stories without books.
- Play with different sized balls. Develop baby's large motor function by rolling and gently bouncing balls back and forth to each other.